**Each lesson you will be required to work on both your Inquiry Journal and your** **Inquiry Reading Log.**

**You will be assessed in Week 7 on these three aspects of your work:**

* profile an appropriate person to interview or research as a case study
* analyse a range of issues in relation to how the chosen person overcame their adversity
* reflect on the chosen person’s adversities and discuss how this may affect your own life

# Inquiry Journal [To: Reading Log](#InquiryReadingLog)

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| **Week 1**  **Open Stage** | **Stop and Jot: What is Adversity? How is this relevant to me?** |
| **What did I learn this lesson?** |
| **Ideas to explore further (Notecatcher)**  **Why should I care?** How do I understand adversity?  What particular forms of adversity am I familiar with? |
| **Week 2**  **Immerse Stage** | **Stop and Jot: “Supporting Yourself and others”** |
| **What did I learn this lesson?** |
| **Ideas to explore further (Notecatcher)**  **Walk a mile in their shoes:** In what ways could I develop the resilience to be able to support this person?  How could I help him/her? |
| **Week 3**  **Explore Stage** | **Stop and Jot: “Challenges and opportunities”** |
| **What did I learn this lesson?** |
| **Ideas to explore further (Notecatcher)**  **Hidden opportunities**:  Has my person found many challenges and opportunities through his/her disability?  Could I imagine myself making this situation an opportunity? What qualities of mind do I need to develop to be as strong as my person? |
| **Week 4**  **Explore Stage** | **Stop and Jot: “Strengthening resiliency”** |
| **What did I learn this lesson?** |
| **Ideas to explore further (Notecatcher)**  **The human spirit is stronger than anything that can happen to it**:  What qualities does my person have that makes him/her so brave and resilient?  Could I imagine myself living with this disability? |
| **Week 5**  **Identify Stage** | **Stop and Jot: “Discrimination, harassment and vilification”** |
| **What did I learn this lesson?** |
| **Ideas to explore further (Notecatcher)**  **Do you see me, or my disability?**  Has my person suffered from discrimination, harassment or vilification?   What could I do to stop such unfair treatment happening in his/her life? |
| **Week 6**  **Gather Stage** | **Stop and Jot: “Mental health”** |
| **What did I learn this lesson?** |
| **Ideas to explore further (Notecatcher)**  **Attitude is everything**: How has my person developed and maintained such tenacity and mental strength?  Could I have been so strong?  What can I do to develop my own mental toughness and sensitivity? |
| **Week 7**  **Create Stage** | **Assessment Week - Inquiry Circles: Join with 4 others and discuss your research: What did I learn from them?** |
| **Ideas to explore further (Notecatcher)** |
| **Week 8**  **Create & Share Stage** | **Stop and Jot: Reflection on your presentation** |
| **What did I learn this lesson/from others?** |
| **Ideas to explore further (Notecatcher)** |
| **Week 9**  **Share**  **Stage** | **Stop and Jot: What did I learn this lesson from others?** |
| **Ideas to explore further (Notecatcher)** |
| **Week 10**  **Evaluate**  **Stage** | **Stop and Jot: Evaluate one other presentation.**  **Name of person:**  **Praise points:**  **Question/s from you:**  **‘Polish’ ideas:** |
| **What did I learn this lesson?** |
| **Ideas to explore further (Notecatcher)** |

# Inquiry Reading Log ([To Journal](#_top) (top)

**Resource Links:** [**https://www.diigo.com/outliner/cx5mcz/Overcoming-Adversity?key=i4tzpsuv8b**](https://www.diigo.com/outliner/cx5mcz/Overcoming-Adversity?key=i4tzpsuv8b)

**Week 2: Immerse Stage Skim and Scan then select an adversity and an affected person. Decide from two examples.**

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| --- | --- | --- |
| **Adversity / Person** | **Notes and points of interest** | **Relevance** |
| **1.** |  |  |
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|  |
| **2.** |  |  |
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|  |

**\*My selected ‘person of interest’ is:**

**\*Adversity:**

**Weeks 3 & 4: Explore Stage - Skim and Scan**

**(Note sources and relevance)**

|  |  |  |
| --- | --- | --- |
| **Source** | **Notes and “quotes”** | **Relevance** |
|  |  |  |
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**Week 5: Identify Stage**

* **Write a Research Question related to: *What if adversity is actually good for us and helps us to grow?*** (Have this question checked before proceeding)

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**Week 6: Gather Stage - Read deeply, determine importance, locate main ideas, find evidence**

**(Note sources and relevance)**

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| **Source** | **Notes and “quotes”** | **Relevance** |
|  |  |  |
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Week 7: Create Stage - Organise your information into a presentation

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| **Bibliography:** Present your Bibliography of resources used in your presentation here: |

Week 8: Share Stage - Present the ‘product’ of your research to the class

Week 9: Evaluate - Your own work; A peer’s work; Complete a final survey